

Sunday AM Sermon – February 7, 2021

Family Roots: Coping with Crises

Job 1:1-5



How are you doing through this pandemic? What inside you is hurting? The accumulation of stress in our lives (even from good things) can take its toll on us mentally, emotionally, relationally and physically. Job can help our families know better how to cope.



1. Mark the number of times you hear these words:

- Crisis or crises –
- Job –
- Cope –

2. What are some of the crises that people face almost daily?
3. How do crises affect us as humans?
4. What are some unhealthy coping skills people learn to deal with crises?
5. Coping point #1: Job _____
6. Why did David's servants think David's behavior was strange when his son died?
7. Coping point #2: Job _____ his _____
8. What is the great temptation during a crisis?
9. Coping point #3: Job _____
10. What did Job do outwardly to reveal what was going on inside him?
11. Coping point #4: Job put his _____ in _____
12. What are the things that failed Job in this life?
13. Coping point #5: Job _____
14. Instead of worrying, what did Paul direct believers in Philippi to do?
15. Coping point #6: Job _____ to _____
16. How did God overwhelm Job with His greatness?
17. What can be gained from going through a crisis?



Faith Talk, Faith Walk

Spend time with family or friends (maybe over a meal or during a family devotional) discussing the following related to the sermon

Faith Talk: How have you been coping during the pandemic? What helps you most in a crisis?

Faith Walk: Follow the example of Job in what he did that was helpful in a crisis. See how it helps.

If you are here and have been touched or convicted by something said or done today we would love to study the Bible with you and introduce you more fully to our Savior, Jesus Christ. Just call the church office at 795-4377 and we will set something up. God bless you!

Next Sunday AM Sermon – Family Roots: Sacred Sex (2 Samuel 13:1-2,10-15)

Family Roots: Coping with Crises
Discussion Starter Questions
February 7, 2021

1. We have been living in the pandemic for almost a year. What are some of the ways that it has affected you and your family?
2. We often learn and practice coping skills that enable us to survive but are detrimental to our lives and relationships. What are some examples of these detrimental coping skills?
3. Job is a remarkable man in many ways. What are some things we know about him?
4. When you look at the list of six ways that Job coped, which one do you think would have been hardest for Job and why?
5. When you look at the list of six ways that Job coped, which one stood out to you and why?
6. Since crises are a given in life, what changes do you need to make in your life to better face the crises ahead